



## Illness, Accidents and Medication Information Pack

What to do if your child is unwell. What happens if your child becomes unwell or has an accident.

### What to do if your child is unwell

Children who are ill / infectious should not be brought into the nursery. Children who are un-well are unable to enjoy the nursery session and pose an infection risk to other children and employees. Illness and infection can spread quickly in nursery and parents should be mindful of this. Ill children should be kept at home until they have fully recovered.

If your child is significantly unwell you should seek appropriate medical attention from your GP or other medical professionals and where appropriate treat with prescribed medication.

If your child is ill or infectious and their attendance is likely to adversely affect their own health and well-being, or the health and well-being of other children; the nursery reserves the right to refuse admission until the child is well again.

### If your child becomes unwell in nursery

If children develop signs of illness whilst at nursery their condition will be carefully monitored. If children are considered to be unwell to stay in nursery, or we consider they may need medical attention, we will contact parents or emergency contacts to come and collect the child, and if appropriate to seek medical advice

Children who appear to be unwell will have their temperature checked frequently. If children have a high temperature usually over 101 °C / 38 °F, action will be taken, - we will contact you to discuss collection and possible treatment options.

If a child has a loose stool but is otherwise well then the staff in the room will monitor the child's condition. If any additional signs of illness are present e.g. vomiting or a high temperature then parents will be asked to collect their child. If a child has up to three loose stools then parents will be asked to collect the child to ensure that the potential illness is not spread to other nursery users.

Other reasons we might consider your child to be unwell could include, rashes, unusual breathing, not eating or drinking, lethargy, allergies/reactions, difficulty passing fluids or stools, discharge from nose or ears, severe nappy rash. Please note this list is not exhaustive. Children might be considered unwell under varying circumstances and children will be assessed individually. We would always contact you if we are concerned regarding your child's health.

### One off / emergency doses of medication

As part of the child's induction to the nursery parents will be asked to indicate their wishes as part of a consents record. In the consents record parent can agree or disagree to the administering of one off doses of Calpol and/or Piriton. If permission has been given then a one off dose can be administered whilst the nursery is waiting for the parent to collect the child. Children cannot stay in nursery once emergency doses have been administered, Parents are advised once they have collected their child that they should seek appropriate medical advice.

#### **Calpol**

If a child develops a high temperature whilst at the nursery a one off dose of Calpol can be administered to control the child's temperature. This will only be given if other methods of controlling the temperature of the child have failed.

## **Piriton**

If parents have consented to the administration of Piriton then employees will be permitted to administer a one off dose if their child has an unexpected allergic reaction. Piriton can help to ease symptoms of the reactions For serious allergic reactions an ambulance will be called

## **If your child has an accident at nursery**

You can be reassured that the majority of staff do have paediatric first aid training and can respond appropriately to children who have had accidents.

If your child has an minor accident at nursery we will, in the first instance administer first aid and if necessary then contact parents to advise that your child has been injured. If the accident is of a more significant nature and further medical attention is needed following first aid treatment, we will contact parents to collect the child and for them to be taken for the appropriate medical treatment. If the accident requires emergency treatment we will contact the necessary emergency services and parents will be informed. A senior member of staff would accompany any child being taken for emergency treatment.

If a child has an accident or is injured at nursery an accident form will be completed by staff, and parents will be asked to sign the form.

If a child has had an accident or has been injured at home, parents are asked to inform staff when the child arrives at nursery. A home injury form will need to be completed and signed. If a parent does not mention a home injury or accident when dropping off their child and this is later identified by a staff member, parents will be contacted for further information and a home injury form will be completed for you to sign on collection of your child.

## **Medication**

Medication will be stored in the locked medicine cupboard in your child's playroom or if necessary in the fridge in the secure baby room kitchen. All medication must be stored in its original container and must be clearly labelled. For medicine to be administered in nursery, a written medicine request form must be completed by the parent or legal guardian. The administration of medication will only be carried out by qualified staff and will be witnessed by a second employee. All medicine administered will be accurately recorded on the 'Medicine Form'. When the child is collected the information will be forwarded to the parent. We will request that parents sign the record sheet to acknowledge the administration of a medicine during nursery hours.

- Parents must hand medicines directly to employees who will store it correctly.
- Medicines must not be left in the child's bag.
- Medicines prescribed by a doctor must be clearly labelled with the child's name and dosage. Employees are not permitted to exceed this dose.
- Employees are not permitted to mix medicine into drink, food or any other concoction. Unless specifically directed on the medication.
- Employees are not permitted to give children medicine that parents have mixed or that have been brought in already measured out.

Employees will only be able to administer medicines which required medical or technical knowledge if they have received appropriate training, usually by a health professional, to allow them to do so.

The nursery requests that parents do their best to minimise the number of doses needed during nursery sessions i.e. if needed once a day give at home before coming.

The nursery reserves the right to refuse to give a child medication, for example, if it is not prescribed medicine in the child's own name, The medicine was not prescribed for the illness it is being used for, parents are asking staff to administer medicine in a non conventional method, or if the medicine is out of date. In these circumstances it would be advised that the parent seek professional medical advice.

## **Short term medication**

Short term medication relates to specific short illnesses for which medication has been prescribed to be used in a time limited manner.

The 'Medicine Record Sheet' must be filled in by the child's parent/carer when they come in at the start of each session. The parent will complete the record sheet before any medication can be administered. At the end of the session the parent/carer must sign the record sheet to say that they are aware that the medication was administered as requested.

### **Phone:**

Greg Street Nursery - 0161 222 6188  
St. Mary's Preschool - 0161 222 3070

**E-mail:** [info@littlelegendsnursery.com](mailto:info@littlelegendsnursery.com)

**Website:** [www.littlelegendsnursery.com](http://www.littlelegendsnursery.com)

## Long term medication

Long term medication relates to ongoing health conditions for which medicine has been prescribed. A 'Long Term Record Sheet' is to be completed by the child's parent/carer. This will only be completed once unless any changes need to be made to instructions by the parent. The parent will sign at the end of each session to say that they are aware that the medication was administered as requested. If a child requires specific medical care then the nursery will work with the parents to ensure employees receive individual training by a health care professional. A care plan outlining the child's needs will be put into place.

## Immunisations

If your child has had immunisations and is returning to nursery, you may want to request Calpol on prescription for the purpose of controlling possible side effects following immunisations. If your child develops side effects following immunisations and Calpol has not been prescribed we will contact you to come and collect your child. Please remember Calpol can only be used for the purpose it has been prescribed.

## Exclusion periods

Children who have had sickness or diarrhoea should be kept at home for at least 48 hrs from the last occurrence. If children are brought back into the setting following sickness and diarrhoea and have a repeat occurrence, we will contact parents/ emergency contacts and ask for the child to be collect immediately.

Generally, if children have been given antibiotics the first dose must have been given 24hr before the child returns to the nursery. Please be aware some illness's have a longer exclusion period, once antibiotics have been started, please see [www.hpa.org](http://www.hpa.org) for more details.

It is company policy that any child who has a suspected eye infection / conjunctivitis will not be able to attend the nursery until they have sought doctors' advice. If the child does have an eye infection / conjunctivitis and the doctor has provided medication (usually eye drops) then the child will be able to return to the nursery 24hr after the first application.

We also have a separate policy on head-lice. If a child continually presents with head lice, or if there is an outbreak, we ask that children who appear to have head lice/nits be treated before returning to the setting.

Occasionally we will exclude children for slapped cheek and hand foot and mouth, depending on the number of children affected. Normally slapped cheek and hand foot and mouth do not carry exclusion periods.

Generally we follow the 'Department of Health's' guidance in relation to exclusion periods for children from childcare settings when they have infectious illnesses. This information can be found on the health protection agency website [www.hpa.org](http://www.hpa.org) and a list is also available on the parent information notice board in the main corridor and in the office. If a child is affected by one of these infectious illnesses then the exclusion periods will apply. If as a parent you are ever unsure if your child should attend please phone in advance and ask a member of the senior management team for advice.

Outbreaks of infectious illnesses will be reported to the Environmental Health Department, RIDDOR, and Ofsted as required.

## Helpful exclusion information

- Sickness and diarrhoea—48 hours
- Chicken pox—5 days from onset of rash.
- German measles—6 days from onset of rash
- Impetigo— until lesions have healed or 48 hours after starting antibiotics
- Scabies—24 hours after first treatment
- Scarlet fever— 24 hours after starting antibiotics
- Whooping cough— 5 days after starting antibiotics
- Flu—until recovered
- Mumps—5 days after the onset of swelling
- TB—will need to contact HPU ( Health Protection Unit)
- Diphtheria—will need to contact HPU (Health Protection Unit)
- Hepatitis A— seven days after onset of symptoms/jaundice
- Meningitis—until recovered.

Please check HPA website for a list of all exclusions - if in doubt please contact the nursery for further information.

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