

Day	Monday	Tuesday	Wednesday	Thursday	Friday
Morning	Toast, Apples and Bananas	Humous, Carrot, Cucumber and Pitta Bread	Oranges, Grapes, Pear and Yoghurt	Toast, Apples, Grapes and Orange	Humous, Carrots, Cucumber and Pitta Bread
Mid Afternoon	Humous, Pepper, Cucumber and Pitta Bread	Grapes, Apples, Raisins and Yoghurt	Humous, Carrot, Peppers and Pitta Bread	Banana, Raisins, Pear and Yoghurt	Toast, Grapes, Raisins and Orange
Late Afternoon	Raisins, Pear and Cereal with Yoghurt	Toast, Bananas and Raisins	Apples, Yoghurt and Cereal	Humous, Pepper, Carrot and Pitta Bread	Pear, Raisins, Yoghurt and Cereal

All snacks will be served with a drink of milk or water



Allergen Information

Milk- yoghurt, milk, butter

Sesame seeds- humous

Sulphur Dioxide- raisins

Gluten- Bread, pitta,
cereals

